

COLYTON GRAMMAR SCHOOL

Colyford, Colyton, Devon, EX24 6HN



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September 2017

Dear Parent/Guardian

As your child has expressed an interest in training for the Ten Tors Challenge we are writing to give you some information about what this involves.

The challenge which takes place in May is an arduous one. It requires fitness, endurance, good navigation skills and wild camping skills. For more information please refer to the [Ten Tors website](#)

We organise seven training walks, mostly on Dartmoor across increasingly more difficult terrain and over longer distances as their fitness levels increase. Many of our volunteer helpers are qualified Hill & Moorland Leaders or Mountain Leaders and together we give structured training both in the classroom and out on the walks (if you have these qualifications or might be interested in taking them we would love to hear from you!). Navigation training is given from the start and over time the students will become increasingly self-reliant.

There are only six places per team and the Army who organise the event, restrict the number of teams we can enter; therefore places are competitive. Above all, places are awarded to those who are committed, so if your child has many other commitments this may not be for them.

Our expectations are:

- Students to attend weekly lunchtime training sessions.
- Students must be available for the dates of all of the walks **including the final camping weekend in the Easter holidays.**
- Complete medical and contact details form prior to the first walk and advise us of any changes during the training.
- Pay via ParentPay prior to each walk (as some of the walks are only two weeks apart, a quick turnaround is often essential).
- Arrange own transport, including sharing with others to and from the start/finish points of each walk.
- Students, together with other team members, to prepare Route-plans prior to each walk.
- Ensure they have the essential personal kit for each walk. Some of this is expensive and we discourage students from buying everything at the start - we will advise what is needed and when. Also, later in the year we can get discounts from the major retailers.
- Collect issued team equipment, treat with respect and return in good condition. For example tents need to be dried thoroughly and returned promptly ready for re-use by others.
- Students will need to do other fitness training as the practice walks will not in themselves be sufficient.

We will provide emergency contacts and directions for the start and finish points for each walk via ParentMail but if you have any queries please do not hesitate to contact us via email:

llear@colytongrammar.devon.sch.uk

Thank you in advance for your cooperation and we look forward to another amazing Ten Tors Challenge.

With regards

Mr & Mrs L Lear

Team Managers CGS Ten Tors 2017-2018